

Region 4 REACH

3700 Festival Park Plaza
Building D
Chester, VA 23831
804-819-8755



Region 4 REACH provides services to people living in:

Chesterfield County
Crossroads Area
District 19
Goochland / Powhatan
Henrico County
Hanover County
Richmond City

My REACH
Coordinator is:

PHONE:

24|7 CRISIS & REFERRAL LINE

1-833-968-1800

If you or the individual for
whom you provide support
is at imminent risk of
harming him/herself or
others,

CALL 911

then contact us at
1-833-968-1800

All individuals are assured that concerns
will be heard and human rights will be
protected.

For questions, call and/or write the
RBHA Division of Quality & Standards
Consumer & Family Affairs Advocate
804-819-4078



**24|7 CRISIS &
REFERRAL LINE**

1-833-968-1800

REACH is a program to support
individuals with intellectual
and/or developmental
disabilities AND a mental
health condition or
challenging behavior that is
negatively affecting their
quality of life.

Region 4 REACH



Operated by
RBHA RICHMOND
BEHAVIORAL HEALTH
AUTHORITY



PREVENTION

REACH staff provide home-based/ community-based support services to assist individuals in maintaining stability in their current environment. By assessing needs and creating an Individualized Crisis Education and Prevention Plan (CEPP) and educating and training caregivers, REACH works to prevent crisis and potential out-of-home placement. Services may include outpatient psychotherapy and psychiatric & behavioral consultation.

REACH Staff also provide training and education to the larger community.

INTERVENTION

The REACH clinical team provides 24|7 crisis response and consultation. Once the immediate crisis is resolved, the REACH crisis team continue to work with the individual and his/her support system with the goal of reducing the likelihood of hospitalization.

STABILIZATION

Brief (up to 30 days) residential crisis therapeutic services may be provided at our REACH Crisis Therapeutic Home (CTH) in Chester, VA. Residential services are provided for stabilization of a crisis, a planned prevention, or as a step-down from a state hospital, training center, or jail. Additionally, crisis stabilization may be provided in the individual's natural environment for up to 15 days.

OUR GOALS

REACH emphasizes the **PREVENTION** of crisis situations. Through education, support, and planning, REACH can assist in:

- allowing individuals to remain with family
- decreasing hospitalizations and incarcerations
- increasing community participation
- creating a continuum of care across all systems of support
- helping individuals live successful and healthy lives

REFERRALS

Individuals may seek assistance for themselves or referrals may be made by hospital staff, Emergency Services, families, case managers & support coordinators, or other natural supports in a person's life. REACH services are available for children and adults.

WHO SHOULD BE REFERRED?

Examples of individuals who might be referred for REACH services include someone who:

- is at risk of losing their home, job, or school-placement due to behavioral concerns
- has a history of complex medical, behavioral, and/or trauma-related issues
- has exhibited a significant deterioration in functioning over the past 3 months.
- has been admitted to a psychiatric hospital or training center in the past 3 months
- has exhibited behavior that resulted in contact with law enforcement or jail.

Services are most effective when everyone involved in care and treatment actively participates in decision-making.

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